



Support for All Family Caregivers

As we partner with families to achieve their long term estate planning and care goals, we find that Family Caregivers have a tough job! Keeping a level sense of responsibility and grace, knowing when to be firm and when to back off, learning how to take time away – The 4th Wednesday Caregiver Support Group will provide a way to combine resources with other caregivers, to have support and encouragement from others who share your journey, and an opportunity to get away to do something for yourself.

Facilitator: Daphne Reiley, Estate Planning Paralegal

Outside the office, as an author, speaker, workshop, and retreat leader, Daphne concentrates on supporting and educating caregivers, and offering support to communities seeking to care for caregivers in their midst.

**4th Wednesday
Of Each Month
7:30p to 9:30p**



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For directions, visit
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*“Caregiver Words” graphic –
nads.org*